

La prueba de detección de cáncer colorrectal salva vidas



Suffolk County
**Cancer Prevention
and Health Promotion
Coalition**

Si tiene 50 años de edad o más, ¡hacerse la prueba de detección de cáncer colorrectal puede salvar su vida!

- El cáncer colorrectal generalmente empieza con pólipos o crecimiento en el colon o en el recto. Con el transcurso del tiempo, algunos pólipos pueden convertirse en cáncer. La prueba de detección puede encontrar pólipos, así podrán eliminarse antes de que se conviertan en cáncer.
- La prueba de detección detecta el cáncer colorrectal de forma temprana y aumentan las posibilidades de que se cure.

1-800-CDC-INFO (1-800-232-4636)

Colorectal Cancer Screening Saves Lives



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If you are 50 or older, getting a colorectal cancer screening could save your life!

- ◆ Colorectal cancer usually starts from polyps or growth in the colon or rectum.
- ◆ Over time, some polyps can turn into cancer. Screening can find polyps, so they can be removed before they turn into cancer.
- ◆ Screening tests find colorectal cancer early and increase the chance of being cured.

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Symptoms of Colorectal Cancer: A person can have polyps or colorectal cancer without having symptoms. When there are symptoms, they include:

- ◆ Bloody, black, or narrow stools (bowel movement).
- ◆ Pains, aches, or cramps in stomach that don't go away.
- ◆ Unexpected weight loss.
- ◆ If you have any of these symptoms tell your doctor. They may be cause by something other than cancer.
- ◆ Free screening may be available. Check this website:

www.suffolkcountyny.gov/cancerawareness

Prevention is the best medicine. Research shows that 45 percent of colorectal cancers can be prevented through diet, physical activity and maintaining a healthy weight.

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